

COMFORT

GIGI'S MAC 'N' CHEESE

DIRECTIONS

1. Preheat Oven to 350°
2. Cook pasta slightly al dente (don't forget it is going to bake); drain
3. In baking dish, spray, or coat to avoid sticking, Spray baking dish, and add half of the macaroni to the baking dish
4. In pot, whisk melted butter, add flour and salt
 - a. Best to let butter completely melt before adding flour and salt
5. Keep stirring/whisking
6. Add cold milk slowly, constantly stirring
7. Allow milk to come to a slight boil and thicken
8. Once rue thickens, add cheese
9. [If you want to add some kick, you could add hot sauce or red pepper flakes here]
10. Once rue is mixed thoroughly, pour half into baking dish on top of noodles
11. Mix (sometimes easier with two forks because the cheese is thick)
12. Add the rest of the cheese rue, be sure to let it sink down
13. Add Breadcrumbs
14. Bake approximately 30-45 minutes (depending on how crunchy you like the top layer!)

NOTES

We have always used cheddar cheese, but recently started adding others (Gruyere). The biggest tip is to ensure any cheese is shredded before you start. The rue goes fast, and you want to stir often so it doesn't burn or clump. Also, if you like a creamier cheese sauce, use American or Velveeta.

Comfort! Comfort! Comfort! This is a good ole curl up next to a fireplace watching a holiday movie dish! It's a great side dish, but truth be told, most of the time we loaded up a bowl and ate it as our dinner!

SOURCE

I think this was an old Girard family recipe, but we have updated it so much, that I can't recall!

INFORMATION

YIELD: ABOUT 10 SIDE SERVINGS
TOTAL TIME: 1 HOUR
PREP TIME: 20 MINUTES
COOK TIME: 30-45 MINUTES



INGREDIENTS

- 1 Box of Corkscrew Pasta
- ¼ Cup of Butter
- 6 tbsp. of Flour
- 1 tsp. of Salt
- 1 Cup of Milk
- 1 Cup of Heavy Cream
- 12-16 oz. of shredded Cheddar Cheese (depending on how cheesy you like it)
 - I use 16 oz, the more cheese the better!
 - I have found that it is a little better if you buy whole blocks and shred yourself, BUT you don't have to, it's still good with the pre-packaged!
- 1 tsp. of Hot Sauce (if desired)

GIRARD FAVORITES

Collected through the years by family and friends